Do your part to stop the spread!

What do the masks do?

When you wear a mask or cover your nose and mouth, you are keeping the droplets you breathe out when, talking, coughing and sneezing from spreading to another person. Droplets are where germs and viruses like COVID-19 can live. If you are not wearing a mask, these droplets can land in the mouths or noses of people who are nearby.

Why is it important that I wear a mask?

When you wear a mask, you are doing your part to prevent the spread of COVID-19. COVID-19 mainly spreads from one person to another through respiratory droplets. Many people with COVID-19 don't have symptoms, meaning they don't even know they have it. So, they might be spreading the disease to other people without knowing it. Health experts say everyone should wear a mask when they are public places and around people outside of their own household. This is especially true when it is hard to stay far apart — or maintain physical distance — from other people.

How do I wear a mask correctly?

- Wash your hands before putting on your mask.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- Be careful not to touch your eyes, nose and mouth when you remove your mask, and wash your hands.
- Wash your mask daily.

How to wear a face mask properly

What else can I do to help conquer COVID-19?

Wearing a mask is a great start. Combine it with other actions that reduce the spread of COVID-19 like physical distancing, avoiding touching your face, and washing your hands with soap and water for at least 20 seconds often.

CHILDREN'S COVID-19 CONQUERORS

MIGHTY mask

Wear your mask.

Children's Wisconsin

Kids deserve the best.