

Do your part to stop the spreading germs!

What do the masks do?

Masks help keep your breath and germs to yourself. Tiny water drops in your breath can have germs like coronavirus. The drops can go to another kid's mouth or nose when you cough, talk or sneeze. If you wear a mask, the drops in your breath will not go to other people easily.

Why do I need to wear a mask?

You wear a mask to keep other people from getting sick. You can even give germs to others if you do not feel sick. You should wear your mask when you are not at home. You should wear your mask for sure when it is hard to stay far apart from other people.

How do I wear a mask right?

1. Wash your hands.
2. Put the mask over your nose and mouth. Pull it under your chin.
3. The mask should hug the sides of your face.
4. Make sure you can breathe OK.
5. Be careful not to touch your eyes, nose and mouth when you take off your mask.
6. When you are done, wash your hands.
7. Wash your mask every day.



How to wear a face mask properly



Wear your mask.

What else can I do to help conquer coronavirus?

Wearing a mask is a great start! To be an expert COVID Conqueror, try being all the superheroes:

- Mighty Mask - Wear a mask
- Dynamic Distance - Stay 6 feet from others
- Wonder Washer - Wash hands for 20 seconds
- Captain Cough - Cover coughs with your elbow

